# **HEALING PRINCIPLES - IV**

"Healing of the Whole Man"

### I. WILT THOU BE MADE WHOLE?

- A. *The man with the withered hand.* (Mark 3:5 KJV) And when he had looked round about on them with anger, being grieved for the hardness of their hearts, he saith unto the man, Stretch forth thine hand. And he stretched it out: and his hand was restored whole as the other.
- B. *The woman with the issue of blood.* (Mark 5:28 KJV) For she said, If I may touch but his clothes, I shall be whole. (Mark 5:34 KJV) And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.
- C. *The sick multitudes.* (Mark 6:56 KJV) And whithersoever he entered, into villages, or cities, or country, they laid the sick in the streets, and besought him that they might touch if it were but the border of his garment: and as many as touched him were made whole.
- D. *The blind man.* (Mark 10:52 KJV) And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.

## II. GOD'S RESPONSE: THE SCRIPTURES.

- A. *Life more abundantly.* (John 10:10 KJV) The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.
- B. Whole spirit, soul, body. (1 Th 5:23 KJV) And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.
- C. *That you may be perfect and complete.* (James 1:4 KJV) But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.
- D. **Soul prosperity and health.** (3 John 1:2 KJV) Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

### III. THE DILEMMA.

- A. *Our desire to be in good health.* So much sickness--need for healing; yet people are guilty of abusing bodies.
- B. Primary cause of disease is neither bacterial nor viral, but weakened resistance brought about by our own health-destroying lifestyles.
  - 1. Public health enemy number one is the way we live--our lifestyles.
  - 2. A healthy lifestyle encompasses the mind, body, and spirit.

## IV. TO PROSPER MAY REQUIRE HEALING OF SOUL.

- A. Need for healing denotes presence of negative.
  - 1. Pain, hurt, disappointments, and failures.
  - Common emotions that produces stress and conflict.
    Frustration, anxiety, fear, worry.
    Discouragement, depression, hopelessness.

Anger, uncontrolled temper, rage, bitterness, hatred, hostility, resentment, strife.

# B. Dr. S. I. McMillen ("None of These Diseases").

- 1. Emotions such as fear, sorrow, envy, resentment, and hatred are responsible for majority of sicknesses (60-100%).
- 2. Emotional stress can cause high blood pressure, toxic goiter, migraine headaches, arthritis, heart trouble, gastro-intestinal ulcers.
- 3. Doctors can treat symptoms--not underlying cause of emotional turmoil.

# C. Negative emotions cause body to respond in a harmful way.

Hormones from the pituitary, adrenal, thyroid, and other glands can cause diseases in almost any part of the body.

Adrenal glands release chemicals that cause increased heart rate, blood sugar, blood fats, blood pressure, respiratory rate, and perspiration; irregular heartbeats and slowed digestive processes.

When I repress my emotions, my stomach keeps score.

Negative emotions left unchecked for weeks and months can lead to high blood pressure, stroke, heart attack, ulcers, migraine, colitis, skin disorders, allergies, asthma, or depression.

Cancer has been associated with long-term negative emotions.

Emotional factors often crucial in producing rheumatoid arthritis--unhappy events and long periods of sustained emotional strain almost always preceded the first painful attack of arthritis.

#### I. LAY ASIDE BESETTING SINS.

- A. *Scripture*. (Heb 12:1 KJV) Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,
- B. Besetting sins in realm of soul.
- C. **Satan effective in using weapons of** guilt, rejection, fear, embarrassment, grief, depression, loneliness, and misunderstanding to beset us or to sidetrack us from the purposes of God.

#### JESUS IS TOUCHED BY OUR INFIRMITIES.

*Scripture.* (Heb 4:15 KJV) For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

Infirmities--without strength or weak.

Old Testament - Infirmity was a physical spot, blemish, defect in sacrifice.

Jesus not just touched by our weaknesses, but our emotional hang-ups and inner conflicts.

He understands our frustrations, anxieties, depressions, hurts, feelings of abandonment, loneliness, isolation, and rejection.